

**ONDA GustoWALKING Holidays 3 days Gourmets journey Taste the view**

Walking on ancient pilgrim paths through the splendid National Park with marvellous scenic viewpoints over the whole area of the Cilento Antico you will visit small producers of the best wine and oil and of cilentine specialties. Discover this unspoiled historical landscape with your personal english speaking guide in small individual groups, experience the Gourmet-school with our sommelier and taste fine mediterranean flavours.

The National Park is rich of tradition and the goods produced there are of the highest quality. Taste and enjoy the fruits of the landscape, visiting small local producers with our English speaking sommeliers, getting to know them in their own places and experience finely cooked cuisine served to you by the owners themselves. Small amusing lessons of 'palatoschool' included. From the best olive oil to the best wine of the area, our sommeliers will show you how to taste differences of quality and how to develop your ability of becoming real gourmets. Easing the burden of carrying luggage around with us, our permanent lodge is an ancient fine arts restored manor house on a rolling hill above Hemingway's beloved fishers village Acciaroli.

**Programm**

**Day 1 Arrival at Acciaroli around midday.** Welcomed at the bus station and short visit of the pittoresque historical center with a pleasant welcome drink. Possibility to enjoy the splendid beach or to relax before being accompanied to your accommodation, a charming well restored manor house in panoramic position, surrounded by green hills with ancient olive gardens and prosperous vegetation. Until dinner leisure time and opportunity to discover the tiny village with its mediterranean flair and hospitality. (Shuttleservice to the beach). During dinnertime meeting with your personal local guide, welcome briefing and your first home cooked meal together.

**Day 2 In the morning gentle walk** to one of the best olive oil mills with degustation und small amusing 'palato-school' with our sommelier. The owner shows and explains how olives are turned in 1st class olive oil. Walk back to our manor house. Individual leisure time in the afternoon, shuttleservice to the beaches of Acciaroli), or simply *dolce vita* with breathtaking views of the coast, looking forward to dinnertime with our charming hostlady who will introduce us to the ancient secrets of the cilentine cuisine.

**Day 3** The morning time is an opportunity for you to "do your own thing". **In the afternoon walking tour** along the shore crossing the beautiful cape Punta Licosa. Our destination is one of the best cilentane wine producers. Includes degustation und 'palatoschool'. Return to the manor house by minibus.

**Day 4** In the **morning walking tour** to a small producer of hand made specialties around the mystic Monte della Stella. Picknick on the peak. Last return to our charming hosts and farewell snack. Shuttle service to the bus station of Acciaroli.

**Includes**

**Welcoming at the bus station of Acciaroli** shuttle service to the accommodation above Acciaroli

**3 overnights** in double room (single room +50€) in fine arts restored modernized ancient manor house in privileged panoramic position (wide view along the coast including Sicily) with **halfboard** (breakfast and 2 complete dinners (3 courses italian menu) with specialties cuisine of the area . 1 picknick lunch on the Monte della Stella ) **1 cookery evening** 'Secrets of ancient cilentine recipes' . **3 guided Walking Tours in english language** visiting producers of specialties incl. oil and wine, of highest quality **3 degustations with sommelier.**

**Transfers to the starting points** of the walking routes and **back to the manor house, back to the bus station of Acciaroli**

**Minimum participants: 3 persons** (one or two persons: paying the difference)

**Particularity**

**You can book our current dates or dates according to your personal agenda** ( 7 days notice)

**Price advantage** Groups up to 6 persons and ONDA COMPOSITE PRICE

**Single persons:** sign up with your dates.

**We try to coordinate.**

**Children/babysitting and Single room** on demand (extra charge)

**Stable price untouched since 2006** for all our dates and all the dates according to your personal agenda : **all included 265,- Euro/Person**

**Price with ONDA Composite Price/person** all included: **248,-Euro**, single room extra charge +40 € existing group starting with 6 persons: **225,- /Person** - price advantage for children

**Cilento Antico**  
ONDA Gourmets Journey

**Mountains, Hills and Sea**  
3 days Gourmets Journey

**ONDA Shortbreak since 2004**  
12



ONDA Gourmets Journey GUSTOWALKING National Park Cilento

